



The Regis Sprint

At GOODWOOD MOTOR CIRCUIT

Saturday 25th April 2026

FOREWORD

Bognor Regis Motor Club Ltd are pleased to present our annual **Regis Sprint** at the Goodwood Motor Racing Circuit on Saturday 25th April 2026.

As in the past couple of years we will continue to run a paperless event All forms will be digital.

As regular competitors will know, the 2.4-mile-long circuit is one of the fastest and most challenging you'll ever get to drive. Often described as the spiritual home of motor racing, it has witnessed some fine performances by many of the great racing drivers of the past, and now continues to do so following its revival for historic racing in 1998.

The event is a round in three regional championships ASCMC, ASEMC and the All Circuit, also this year a round of the , and we welcome back the Lotus 7 speed championship, the Woodford Trailers / HSA speed championship, the MGCC Speed Championship, the 7 Oaks & District MC Insite Graphics Speed League Championship and the GF & Co Borough 19 MC Speed Championship. We also this year to encourage new competitors we are running a class for junior drivers.

We look forward to welcoming back old friends and meeting new ones.

The Organising Team

SUPPLEMENTARY REGULATIONS

ARTICLE 1. ANNOUNCEMENT

Bognor Regis Motor Club Ltd will organise a **Interclub status** Sprint meeting at the Goodwood Motor Racing Circuit, near Chichester, West Sussex, on Saturday 25^h April 2026. The event will be known as **The Regis Sprint**. The event will be a qualifying round in the following championships:

- The 2026 ACSMC Sprint Championship
- The 2026 ASEMC Speed Championship
- The 2026 All Circuit Sprint Championship
- The 2026 Northampton Motorsport Lotus 7 club Speed Championship
- The 2026 MG Car Club Speed Championship
- The 2026 Woodford Trailers HSA Speed championship
- The 7 Oaks & District MC Insite Graphics Speed League Championship
- The 7 Oaks & District MC Insite Graphics pre 1980 Speed League Championship
- The GF & Co Borough 19 MC Speed Championship

ARTICLE 2. JURISDICTION

Held under the National Competition Rules of Motorsport UK (incorporating the provisions of the International Sporting Code of the FIA) and these Supplementary Regulations.

ARTICLE 3. AUTHORISATION

MSUK	Permit No. 205868 Interclub
The 2026 Hamilton Motorsport Ltd ACSMC Sprint Championship.	Permit No. CH2026/TBA
The 2026 ACSMC Hillclimb Championship.....	Permit No. CH2026TBA
The Key-Guru ASEMC Sprint Championship.	Permit No. CH2026/TBA
The All Circuit Sprint Championship.	Permit No. CH 2026/TBA
The 2026 Northampton Motorsport Lotus 7 club Speed Championship.	Permit No. CH2026/TBA
The 2026 MG Car Club Speed Championship.....	Permit No. CH2026/TBA
The 2026 Woodford Trailers HSA Speed Championship.....	Permit No. CH2026/TBA
The 7 Oaks & District MC Insite Graphics Speed League Championship.	Permit No. CH2026/TBA
The 7 Oaks & District MC Insite Graphics pre 1980 Speed League Championship	Permit No. CH2026/TBA
The GF & Co Borough 19 MC Speed Championship.....	Permit No. CH2026/TBA

ARTICLE 4. ELIGIBILITY

The Regis Sprint is open to competitors holding an appropriate Motorsport UK Competition Licence who are either:

- a) Members of the organising club.
- b) Members of clubs affiliated to the ACSMC or the ASEMC.
- c) Registered contenders in the championships listed in Article 3.

All competitors must complete signing-on Declaration form online. Club Membership Cards, Competition Licences and, where appropriate, Championship Registration Cards Document must be produced if requested. In accordance with CH.7.1 all vehicles must have a valid Motorsport UK Vehicle Passport or Competition Car Logbook, unless the vehicle is currently licensed for use on the public highway and is competing in a road legal condition (i.e. it is taxed, insured, and tested where necessary, and documentation produced at Scrutineering to verify this). Please note that a vehicle carrying trade plates does not satisfy the criteria to be classified as in road-legal condition.

If competitors are competing in a Class that requires the car to be road legal, they are required to supply a printed/digital copy of the DVLA form confirming that the car is taxed, at Scrutineering.

ARTICLE 5. TIMETABLE

The timetable for the event will be as follows:

Entries Open	-	On publication of regulations
Friday 17 th April	-	Entries Close
Monday 20 st April	-	Competitors' Bulletin No.1 Issued
Monday 20 st April	-	COMPLETE SIGNING ON DECLARATION
Thursday 23 th April	-	DEADLINE FOR ALL DECLARATIONS RETURNED
Saturday 25 th April	-	07.00 Paddock opens
		07.30 Scrutineering takes place in your bay
		08.30 Drivers Briefing
		09.00 Observed runs for Juniors Drivers followed by Practice. Once completed Timed runs to follow
		Lunch Break will be between 12.00 and 14.00 for a 1 hour period.
		Timed Runs Re-start after Lunch
		16.45 Approx. End of Timed Runs
		17.00 Publication of Results followed

Any competitor who has not returned completed Signing-on Declaration form, may be excluded and will forfeit their entry fee

ARTICLE 6. COURSE

The length of the course is approximately 3.72km. Starting at the pit lane Exit the Finish being at the traditional place on the start finish straight leaving the circuit via the escape road just after the pit exit.

Competitors are invited to walk or cycle the course before drivers briefing, there will be no convoy runs. (under no circumstances must competitors cut across the airfield, this will result in exclusion)

There is no designated tyre warming area. In accordance with CH14.1.1. the spinning of wheels (tyre warming) is **NOT** permitted.

ARTICLE 7. DRIVERS

CH.14.2.

4.1. Throughout Practice and Competition upon exiting from and until returning to the Paddock when the Driver is seated in the Vehicle they must wear clothing helmet and visors or goggles complying with Chapter Art.3 - 11.

4.2. Overalls homologated to FIA 8856- 2000 FIA 8856- 2018 or FIA 1986 standard are mandatory with the exception of Standard Cars (see App.4 Art.13-16 where flame resistant clothing is recommended (arms and legs must be covered) and Road Cars (see App.4 Art.17-23 where overalls must comply with Chapter 9 Arts.3.3.f.

4.3. Competitors are required to wear flame-resistant gloves (see Ch.9 Art.12.6-12.8) with the exception of Standard Cars and Road Cars where their use is recommended. The use of a flame resistance balaclava (ch.9 Art 12.3) is mandatory with the exception of open bodywork period defined Vehicles (Non Rally) A-D Standard Cars and Road Cars where their use is recommended. For all categories the wearing of flame-resistant socks(ch.9 Art.12.4) and underwear (Ch.9 Art.12.12.2) is strongly recommended.

4.4. An FIA approved FHR device fitted in accordance with FIA regulations is mandatory for all Drivers with the exception of Period Defined Vehicles and Standard Cars and Road Cars.

4.5. All required items must be produced for inspection and approval at scrutineering.

4.6 Only the Driver may be in a Vehicle during the Competition or Practice with the exception of App.2 Art.1.10.b.

Note CH14.2.1.9. Junior Sprint and Junior Hill Climb Drivers aged 14 to 16 may compete until the end of the year of their 16th birthday at Interclub status in vehicles of the following types which will be classified separately from each other:

- A Standard Car of no more than 110bhp maximum power output and in compliance with the Technical Regulations for Standard Cars (App. 4 to this Chapter).

- b. A vehicle in compliance with Chapter 16 PART B App.9 Art.13.1 (Junior Rallycross), Chapter 16 PART A App.5 Art.28.1 (Junior Autocross), Chapter 12 App.1 (Junior Car Racing) or Chapter 13 App.21 (Junior Rally). Tyres must be to Chapter 8 List 1A, List 1B or as specified in the regulations of a current Junior Car Racing Championship. Any Competitor entering a vehicle in compliance with Chapter 12 App.1 or Chapter 13 App.21. will be required to present their junior formulae licence.
- 1.10. Junior Sprint.: New Drivers will be required to drive observed runs prior to the Competition and satisfy the Clerk of the Course that they are competent to take part subject to the following:
- Start singly and run over the duration of the Course at least 3 times.
 - An ASN licensed Driver may accompany the new Driver subject to written approval of the Clerk of the Course.
 - Observed laps are not required if the Driver can provide the Clerk of the Course with proof of having competed as a Driver in three other ASN Permitted Events

ARTICLE 8. CATERGORIES AND CLASSES

Vehicles will be divided into the following categories to be read in conjunction with CH14 of the 2025 Motorsport UK NCR

All competing cars must be presented for scrutineering with a valid Competition Car Log Book/Vehicle Passport or an MSA/Motorsport UK Recognised Vehicle Identity Document unless the car is currently licensed for use on the public highway and is competing in a road legal condition. The onus of proof rests with the competitor. (See CH14.4.2.a.) and classes:

CH.14.2.1.9.

0. Junior Drivers.

CH.14.4.

1.5. Standard Cars – Vehicles complying with. App.4 Arts.13–16, Excluding cars in Appendix 1

- 'Standard Cars' : Up to 1600cc. – 2wd only, list 1A tyres
- 'Standard Cars' : Over 1600cc to 2000cc. – 2wd, list 1A tyres

1.6. Road Cars – Vehicles complying with App.4 Arts.17–23, Excluding cars in Appendix 1

- Up to 1600cc - 2wd only, list 1A or 1B tyres
- Over 1600cc to 2300cc – 2wd only, list 1A or 1B tyres
- Over 2300cc - 2wd only, list 1A or 1B tyres
- 4wd of all engine capacities, with list 1A or 1B tyres.

Road Going Kit Type and Replica Cars (Examples are included in Appendix 1)

- Up to 1800cc, excluding Motor cycle engine cars. list 1A or 1B tyres
- Over 1800cc, including all Motor cycle engine cars, list 1A or 1B tyres

1.7. Modified Cars (Series Production Cars (S.13.1), Specialist Production (s.13.2)) - Excluding those listed in Appendix 1:

- Up to 1400cc
- Over 1400cc to 2000cc
- Over 2000cc

Kit Type and Replica Cars (Examples are included in Appendix 1)

- Up to 2000cc
- Over 2000cc and all Motor cycle engine cars.

1.8. Sports Libre Cars, Vehicles complying with App.4 Art.31

- Sports Libre 'Car' engines up to 1800cc, Motor cycle engined cars up to 1100cc.
- Sports Libre 'Car' engines over 1800cc, Motor cycle engined cars over 1100cc.

1.9. Racing Cars - Vehicles complying with App.4 Arts.32–33

- Racing Cars up to 1100cc.
- Racing Cars over 1100cc.

Invited Championship Contenders

- The Lotus 7 Car Club

17.3 and 24.2 and 31.1b Electric Vehicles

19. All vehicles with some form of electric propulsion (HEV, PHEV, BEV) -see Note 2.

Appendix 1 Two seater cars such as Caterham, Westfield, Sylva, Fisher and Lotus 7, Elise, Exige and 340R, Vauxhall 220, X-bow- and similar types/ derivatives.

Note 1. Engine capacity increase/decrease factors:

- a. Forced induction, an increase of 40%, except for 'Standard Cars' where an increase of 70% should be applied.
- b. Rotary engined cars, an increase of 50% on the real capacity.

Note 2. All types of electrical propulsion have been grouped into 1 class until there are sufficient numbers to allocate otherwise.

In the event of a dispute concerning the compliance of a vehicle to the regulations for the event the onus will be on the competitor to prove the compliance to the organisers. Road going cars must be taxed, insured and MOT tested (where necessary) and road legal in all respects. Documentation must be available if verification is requested or required by scrutineers/officials.

THE USE OF TRADE PLATES IS NOT PERMITTED.

ARTICLE 9. TIMING

Timing will be by automatic electronic timing equipment or, in the event of a failure, by handheld digital stopwatch, with timing commencing from the moment the vehicle breaks the light beam. The starting signal will be a green light with competitors starting singly although up to a maximum of five competing cars may be on the course at any given time. Timing struts complying with CH.14.11. must be fitted.

ARTICLE 10. PRACTICE

Practice will be in accordance with CH14.2. All competitors will have an opportunity to complete a timed practice run before attempting timed competition runs. Unless otherwise instructed, practice runs will be tackled in Class order. The practice run will consist of 1 lap of the circuit, with a maximum of 5 cars on the circuit at any one time. The start at the exit of the pit lane on crossing the finish line return to the paddock via the assembly area exit road, just after the pit exit. THERE WILL BE NO RERUNS DURING PRACTICE

ARTICLE 11. COMPETITION RUNS

There will be a minimum of two and a maximum of four timed competition runs with the fastest performance counting towards the final results. Unless otherwise instructed, competition runs will be tackled in class and Number order. Each competition run will consist of a 1 lap of the circuit from a standing start. On crossing the finish line competitor must reduce speed and return to the paddock via the assembly area exit road, just after the pit exit.

A green light will signal the start of each run

Competitors are reminded that **no overtaking** is permitted on the circuit.

Any competitor who is baulked during competitions should return to the assembly area and apply immediately to the Clerk of the Course, who may grant a re-run in accordance with CH14.3.8.

ARTICLE 12. FLAG SIGNALS

CH14.7.1. i. applies. If the Red Signal is displayed, then the Driver must immediately cease driving at competitive speed and proceed slowly to the Pit / Paddock / Start Line as directed by Marshals and at all times be prepared to stop if the Track is blocked.

Double waved yellow flags will indicate the exit from the circuit and entrance for the paddock after the finish line. The only other flag signal will be the display of a chequered flag on the finish line to indicate the end of a timed run.

ARTICLE 13. IDENTIFICATION

Competitors are responsible for supplying and displaying acceptable numbers on both sides of the car in accordance with CH14.2.3.

3.1. Vehicles will be identified by means of a Competition Number allocated by the Organisers which must be visible from each side of the Vehicle and displayed on a contrasting background in a proper and durable manner acceptable to the Chief Timekeeper at the Event.

3.2. Competition Numbers must be covered or removed at all times whilst driving on the Public Highway. Where a vehicle is being shared by two drivers, the number not in use must be fully masked during both practice and competition runs. Failure to do so could result in the timekeeper failing to record a time and, in this eventuality, re-runs will not be permitted.

ARTICLE 14. ENTRIES

The entry fee for the event is **£180.00 up to Friday 19th April** . All entries should be submitted on the official on-line entry form,

Entries Secretary: David McQueen Johnston

davidmcqueenjohnston@gmail.com

The entry list opens on the publication of these Supplementary Regulations and closes 19th April 2025.

Entry selection, the first 70 invited championship contenders will be automatically accepted prior to April 1st, the remaining 40 will be in order of receipt, and all entries received will be acknowledged by e-mail. All entries accepted at the organiser's discretion. Any amends to a submitted entry must be made through the Amend Entry form on the Regis Sprint

Where an accepted entry is withdrawn and received by the closing date the entry fee will be refunded less an administration charge of £20.00. in accordance with CH3.5.13.2 The refund of fees for entries withdrawn after that date will be at the discretion of the organisers.

Reserve entries which are not accepted will have their entry fees refunded in full. If the event is cancelled or postponed, entry fees will be refunded less £30.00 administration costs in accordance with CH.3.13.2.

The maximum entry for the event is 110 plus 10 reserves. The organising club reserves the right to cancel the event if less than 50 entries are received by the normal closing date for entries.

A Competitor Bulletin containing details of the competition number and Declaration (to be returned) will be sent by e-mail by 20th April.

Competitors are advised that information they provide will be stored in a computer retrieval system and may be used for organisation and publicity purposes. The promoting club regret that they will be unable to accept entries from competitors who do not accept this condition.

ARTICLE 15. OFFICIALS

Clerk of the Course	-	Stephen Castle
Deputy Clerk of the Course	-	T.B.A
Assistant Clerk of the Course	-	
Secretary of the Meeting	-	Terry Holmes (07841524783)
Chief Marshal	-	Russell Paine
Entries Secretary	-	David McQueen Johnston
Chief Timekeeper	-	John Sharp
Chief Scrutineer	-	Keith Shepherd
Environmental Scrutineer	-	T.B.A.

Chief Medical Officer	-	Chris Atfield
MSA Steward	-	T.B.A.
Club Stewards	-	tba / tba
Results Co-ordinator	-	Ian Molyneux
Safeguarding Officer	-	Karen Garner

In accordance with CH14.3.9.a. Timekeepers have been appointed as Judges of Fact to adjudicate on false or unsatisfactory starts. In accordance with CH14.3.9.d., Environmental Scrutineers and Officials in charge of sound meters will be judges of fact in respect of sound.

ARTICLE 16. RESULTS

Practice times and unofficial interim results will be published throughout the day via the internet. Provisional results will be published in accordance with CH.3.6.1.1 and displayed on the Official Notice Board. Protests must be made in accordance with Section CH.5.

ARTICLE 17. AWARDS

Fastest Time of the Day#-	The Jonathan Canning Memorial Trophy* and a perpetual award
First in each Class	- A perpetual award
Second in each Class	- A perpetual award (subject to a minimum of five starters)
Third in each Class	- A perpetual award (subject to a minimum of eight starters)
Best Improver	- A perpetual award
Fastest Lady Driver	- A perpetual award
Fastest BRMC Member #	- The Don Adams Trophy* and a perpetual award

All trophies marked with an asterisk (#) remain the property of Bognor Regis Motor Club Ltd. To be eligible for the Fastest BRMC Member, members shall have been elected to the club before 1st March 2026. With the exception of those awards marked with a hash (#), no driver may win more than one award per car entered. Failure to attend the awards ceremony may result in forfeiture of the award.

ARTICLE 18. NOISE

All vehicles must comply with CH7.8. Scrutineering will include a static noise test carried out in accordance with CH.7.8.3. . Chart CH..7.13 is modified in accordance with the requirements of the circuit owners and no vehicle exceeding **105 dB(A) at ¼ maximum RPM in the 0.5m test** at scrutineering will be allowed to compete. Competitors are advised that continual monitoring of vehicle noise emissions will also be undertaken throughout the event to comply with the local authority planning conditions for the circuit and any vehicle exceeding 101 dB(A) while practising or competing on the track will be excluded.

Competitors are reminded that the running of engines during the lunch break is prohibited.

ARTICLE 19. ADDITIONAL INFORMATION

Fuel is not available at the circuit. The nearest filling stations are at the Sainsbury's Supermarket just off the A27 at Chichester and on the westbound carriageway of the A27 at Tangmere.

Filming. All parties wishing to make film or video recordings of any part of the event for commercial purposes must obtain the necessary permission of the circuit owners, Goodwood Road Racing Company Limited, before the event.

Overnight camping. Is not permitted within the Circuit

Catering. The Goodwood circuit usually has a food van in the paddock

ARTICLE 20. ACKNOWLEDGEMENTS

Goodwood Road Racing Company Limited
Goodwood Marshals club
Goodwood Rescue
Everyman's Garage

APPLICATION FOR CLUB MEMBERSHIP
CAN BE FOUND ON OUR WEBSITE

www.bognor-regis-mc.co.uk

Colin Molyneux- Email: membership@bognor-regis-mc.co.uk

The information held by Bognor Regis Motor Club Ltd will only be used by the Club for contact with its own members and will not be divulged to any other person or organisation outside the Bognor Regis Motor Club Ltd